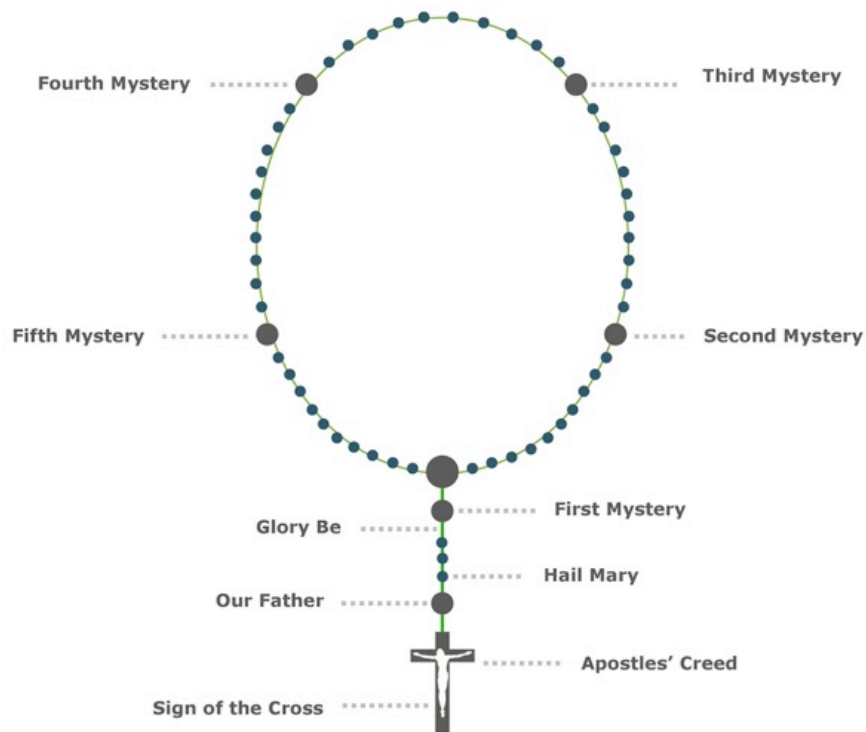
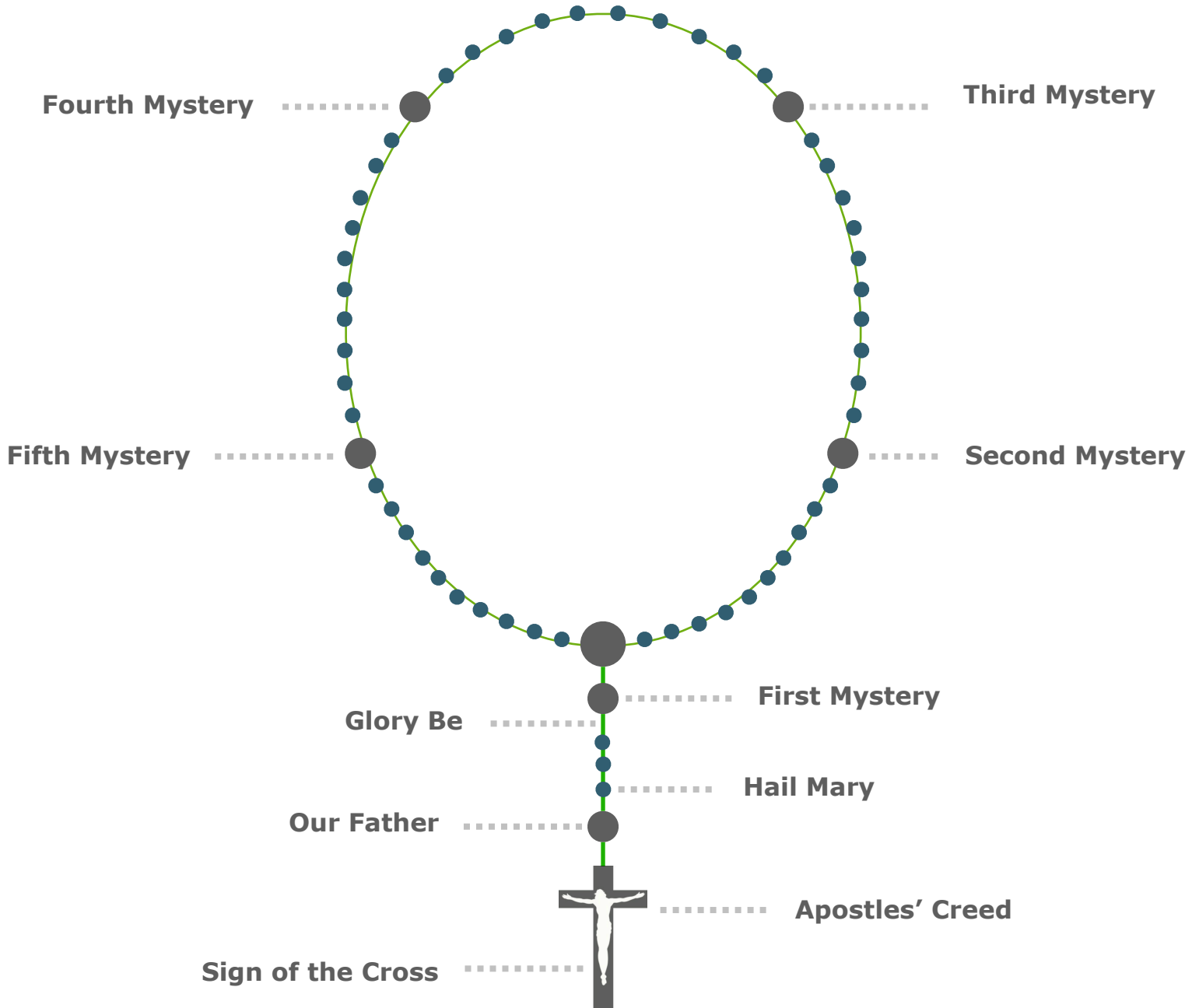


LEARN TO PRAY WITH AROMAROSARY!



Your step-by-step guide to
praying the Rosary.

aromaRosary™





How to Pray the aromaRosary

1. Apply one or two drops of essential oils to the aromaRosary by rubbing the oil onto the lava beads with your hands.
2. While holding the crucifix, cross yourself, and proceed praying the Sign of the Cross and the Apostles' Creed:

In the name of the Father, the Son, and the Holy Spirit. Amen.

I believe in God, the Father Almighty, Creator of Heaven and Earth; and in Jesus Christ, His only Son, our Lord; Who was conceived by the Holy Spirit, born of the Virgin Mary, suffered under Pontius Pilate, was crucified, died, and was buried. He descended into Hell; the third day He arose again from the dead. He ascended into Heaven, and sits at the right hand of God, the Father Almighty; from thence He shall come to judge the living and the dead. I believe in the Holy Spirit, the Holy Catholic Church, the communion of Saints, the forgiveness of sins, the resurrection of the body and life everlasting. Amen.

3. While holding the first large bead proceed to pray the Our Father:

Our Father who art in Heaven, hallowed be Your name. Your kingdom come, Your Will be done, on Earth as it is in Heaven. Give us this day our daily bread; and forgive us our trespasses, as we forgive those who trespass against us; and lead us not into temptation, but deliver us from evil. Amen.

4. On each of the three consecutive smaller beads pray one Hail Mary:

Hail Mary full of Grace, the Lord is with you. Blessed are you among women and blessed is the fruit of your womb, Jesus. Holy Mary Mother of God pray for us sinners now and at the hour of our death. Amen.

5. While holding the chain between the next large bead and the previous three proceed to pray the Glory Be:

Glory Be to the Father, to the Son, and to the Holy Spirit, both now and forever and unto ages of ages. Amen.

6. While holding the next large bead pray the Our Father while meditating on the Mystery.

Our Father who art in Heaven, hallowed be Your name. Your kingdom come, Your Will be done, on earth as it is in Heaven. Give us this day our daily bread; and forgive us our trespasses, as we forgive those who trespass against us; and lead us not into temptation, but deliver us from evil. Amen.

7. On each of the next ten beads pray one Hail Mary:

Hail Mary full of Grace, the Lord is with you. Blessed are you among women and blessed is the fruit of your womb, Jesus. Holy Mary Mother of God pray for us sinners now and at the hour of our death. Amen.

8. While holding the chain between the third large bead and the previous ten proceed to pray the Glory Be, Fatima, and Miraculous Medal prayers:

Glory Be to the Father, to the Son, and to the Holy Spirit, both now and forever and unto ages of ages. Amen.

O My Jesus, forgive us our sins, save us from the fires of Hell and lead all souls to Heaven, especially those who are in most need of Your mercy.

O Mary, conceived without sin, pray for us who have recourse to you.

9. Repeat steps 6 - 8 until you have made it through all five decades, around the whole Rosary, and to the last large bead:

One Our Father prayer, ten Hail Mary prayers, the Glory Be, the Fatima, and the Miraculous Medal prayer.

10. At the end of the last decade pray the Hail Holy Queen and Saint Michael Prayers:

Hail, Holy Queen, Mother of mercy, our life, our sweetness, and our hope. To you do we cry, poor banished children of Eve, to you do we send up our sighs, mourning and weeping in this valley of tears. Turn then, most gracious advocate, your eyes of mercy toward us; and after this our exile show unto us the blessed fruit of your womb Jesus, O clement, O loving, O sweet Virgin Mary.

Pray for us, O holy Mother of God. That we may be made worthy of the promises of Christ.

O God, whose only-begotten Son, by His life, death, and resurrection, has purchased for us the rewards of eternal salvation; grant we beseech You, that meditating upon these mysteries of the most holy Rosary of the Blessed Virgin Mary, we may imitate what they contain and obtain what they promise. Through the same Christ our Lord. Amen.

St. Michael the Archangel, defend us in battle.

Be our protection against the wickedness and snares of the Devil. May God rebuke him, we humbly pray, and do, O Prince of the Heavenly hosts, by the power of God, cast into Hell Satan, and all the evil spirits, who prowl about the world seeking the ruin of souls. Amen.